

## **Upcoming Workshops**

August 14, 2024

PSWP Workshops are for PEF-Represented and Management/Confidential Employees. To register and see the full descriptions, visit the Statewide Learning Management System (SLMS) at <a href="https://nyslearn.ny.gov">https://nyslearn.ny.gov</a>.

For additional information regarding currently available offerings, please check PSWP Course Offerings at pswp.info.

## **Virtual**

### Preventing Compassion Fatigue for Health Care Professionals - Virtual

This workshop will discuss how stress impacts the mind and body, how to recognize signs and symptoms of compassion fatigue, stress management techniques, and self-care strategies. The workshop will also cover ways to balance your role as a healthcare professional. (6 approved Licensed Master Social Worker, Licensed Clinical Social Worker, Licensed Mental Health Counselor continuing education contact hours).

**Date/Time:** 9/10/24 – 9/11/2024; 9:00 am – 12:00 pm

Location: Virtual - Zoom

**Provider:** Northern Rivers/SATRI **Registration Deadline:** 9/7/24

Sign up for Preventing Compassion Fatigue for Health Care Professionals - Virtual. You can also search "Learning" in the

SLMS for "PSWP 6234" to locate.

# Dual-Diagnosed: Mental Health and Intellectual/Developmental Disabilities (with CE hours) - Virtual

This workshop is geared towards clinicians and counselors and will discuss the barriers those with intellectual/developmental disabilities may have when trying to obtain appropriate mental health services. Participants will learn tools and therapies to assist in identifying if a negative behavior is due to the disability or another underlying issue. (6 approved Licensed Master Social Worker, Licensed Clinical Social Worker, Licensed Mental Health Counselor continuing education contact hours).

**Date/Time:** 9/25/24 – 9/26/2024; 9:00 am – 12:00 pm

Location: Virtual - Zoom

**Provider:** Northern Rivers/SATRI **Registration Deadline:** 9/18/24

Sign up for Dual-Diagnosed: Mental Health and Intellectual/Developmental Disabilities (with CE hours) – Virtual. You can also search "Learning" in the SLMS for "PSWP 6342" to locate.

### Western

### **Effective Communication Techniques**

This full day (6 hours in length) workshop examines workplace communication between two or more people wherein the intended message is successfully delivered, received, and understood. Participants will explore how perceptions influence understanding, the impact of nonverbal communication on the way a message is perceived, and best practices for drafting tactful emails.

**Date/Time:** 9/24/24; 9:30 am - 4:30 pm

Location: New York State Public Employees Federation, AFL-CIO, Cheektowaga, NY

Provider: Capital Region Language Center, LLC

Registration Deadline: 9/17/24

Sign up for Effective Communication Techniques. You can also search "Learning" in the SLMS for "PSWP\_6339" to locate.

To see the policy on equal opportunity and reasonable accommodation, visit the PSWP website at www.pswp.info/eora.cfm.

If you are enrolled and unable to attend, please contact PSWP customer service at <a href="mailto:PSWPRegistration@albany.edu">PSWPRegistration@albany.edu</a> immediately or no later than three (3) days prior to the delivery date to allow a person on the waitlist a chance to attend.

The Public Service Workshops Program is funded through a negotiated agreement between the State of New York and the Public Employees Federation, AFL-CIO, and through additional management/confidential funds. The program is administered by the Professional Development Program, Rockefeller College, University at Albany, through The Research Foundation of the State of New York, under contract with the Office of Employee Relations.